

## Municipal Counselling Centers – Addresses

[www.muenchen.de/familienberatung](http://www.muenchen.de/familienberatung)

### Main Office

Westendstr. 193/3<sup>rd</sup> floor, 80686 Munich  
MVG: U-Bahn Westendstraße  
Phone: 089 233 - 49696  
Fax: 089 233 - 49701  
E-mail: [familienberatung.soz@muenchen.de](mailto:familienberatung.soz@muenchen.de)

### Schwanthaler Höhe, Laim, Kleinhadern, Blumenau

Westendstr. 193/3<sup>rd</sup> floor, 80686 Munich  
MVG: U-Bahn Westendstraße  
Phone: 089 233 - 49697  
Fax: 089 233 - 49701  
E-mail: [beratungsstelle-lsb.soz@muenchen.de](mailto:beratungsstelle-lsb.soz@muenchen.de)

### Pasing-Obermenzing, Allach-Untermenzing

Hillernstraße 1, 81241 Munich  
MVG: S-Bahn Pasing, train station  
Phone: 089 546736 - 0  
Fax: 089 546736 - 38  
E-mail: [beratungsstelle-pa.soz@muenchen.de](mailto:beratungsstelle-pa.soz@muenchen.de)

### Giesing-Harlaching

Oberbiburger Straße 49, 81547 Munich  
MVG: U-Bahn Mangfallplatz  
Phone: 089 233 - 35959  
Fax: 089 233 - 35950  
E-mail: [beratungsstelle-gh.soz@muenchen.de](mailto:beratungsstelle-gh.soz@muenchen.de)

### Neuhausen-Nymphenburg, Moosach

Dantestraße 27/1<sup>st</sup> floor, 80637 Munich  
MVG: U-Bahn Westfriedhof  
Phone: 089 1598970  
Fax: 089 15989718  
E-mail: [beratungsstelle-nm.soz@muenchen.de](mailto:beratungsstelle-nm.soz@muenchen.de)

### Schwabing-Freimann

Aachener Str. 11, 80804 Munich  
MVG: U-Bahn Bonner Platz  
Phone: 089 233 - 83050  
Fax: 089 233 - 83051  
E-mail: [beratungsstelle-sf.soz@muenchen.de](mailto:beratungsstelle-sf.soz@muenchen.de)

### Fachstelle Erziehungsinformation und Eltembriefe

City Child and Youth Department  
Westendstr. 193/3<sup>rd</sup> floor, 80686 Munich  
MVG: U-Bahn Westendstraße  
Phone: 089 233 - 47190  
E-mail: [erziehungsinformation.soz@muenchen.de](mailto:erziehungsinformation.soz@muenchen.de)

## Contact and appointments

You can contact the Counselling Center in your district by telephone, in person, or via e-mail. The department office will be happy to answer any questions regarding parenting information and the parent letters. Please also use our answering machine, we will be glad to call you back!

From Monday through Friday we arrange family-friendly and flexible appointments.

Nationwide online counselling at

[www.bke-elternberatung.de](http://www.bke-elternberatung.de)

[www.bke-jugendberatung.de](http://www.bke-jugendberatung.de)



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## Municipal Counselling Centers for parents, children, and adolescents



Angebote der  
Jugendhilfe



Family life is joyous and wonderful,  
varied and challenging ...  
But sometimes it can be burdensome, unsettling,  
and raise questions ...

### You can turn to us...

- with all questions about parenting and relationships within the family,
- if you are worried about the development of children and adolescents,
- if there are tensions and problems between parents and within the family,
- about problems with partner conflicts, separation, divorce,
- with questions on parental care and interactions,
- with school problems.

It doesn't matter whether you are a single parent, married,  
or living with a new partner.

Adolescents and young adults can also contact us directly.

We will stand by you during difficult times ...

## Information and Counselling, Diagnostics and Therapy

- for parents, families, children, adolescents, and young adults
- in individual or family sessions
- in crisis situations and with finding further suitable assistance

## Prevention

- cooperation with other institutions and services
- professional advice on child protection and other issues
- parents' evenings and information events

## Elternbriefe

- The parent letters are sent regularly to all parents in Munich.
- The parent letters support you in your everyday interactions with your children and provide tips for appropriate child rearing.
- They are sent to your home by post or e-mail free of charge.
- Also available in bilingual versions German – Turkish, German – Serbian, and German – Croatian



The municipal sponsor "Youth Services Programs" of the City Child and Youth Services Department is present around the city at 55 locations with its mobile youth services programs: School vacation programs/family pass, school social services/JAS (Jugendsozialarbeit an Schulen, Youth Social work at the Schools), OGS (Offene Ganztagschule, Open All-day School), social educational all-day guidance, JADE (Jugendliche an die Hand nehmen und begleiten, Taking adolescents by the hand and guiding them), mobile parenting support, street work and child, youth, and parenting counselling, parent letters/ parent information.



## We are a team

of professionals with a wide range of therapeutic qualifications in the fields of psychology, social education, and child and youth psychiatry.

## Our programs

- are open to everyone, regardless of their origin and nationality, and
- regardless of political, philosophical, sexual, and religious orientation.

## Our services are:

Confidential • Voluntary • Free of Charge

Städtische Beratungsstellen für  
Eltern, Kinder und Jugendliche



Sponsored by the Government of the State of Bavaria



Bayerisches Staatsministerium für  
Arbeit und Soziales, Familie und Integration